

**PALMYRA AREA
SCHOOL
DISTRICT
FOOD SERVICE
REPORT**



Home of the Cougars

The Nutrition Group's
Pledge Of Quality &
Service Commitment
To You:

It is our pledge that
The Nutrition Group will
offer the highest quality of
meals and service to every
customer every day. If we fail
to live up to your
expectations, we ask that you
first contact your resident
Food Service Director to
correct the situation. If you
are not satisfied with the
corrective action, please
contact your district's
Nutrition Group Regional
Manager. If you do not receive
full satisfaction, please contact
our Regional Compliance
Officer at
1-570-284-4549.
We are the company that
does what we say we will do!



Visit our website at:
www.gotoinutrition.com
to access nutrition information

Editors:
Sharon Gelsinger,
Food Service Director
Office phone:
717-838-1331 ext. 2630
Fletcher Vollmer,
Regional Manager
Nancy Kohl, R.D.,
Vice President

Fall 2010



www.thenutritiongroup.biz

We are proud to manage your food service program!

Think Pink!



The month of October was National Breast Cancer Month and Palmyra Area School District was dedicated to promoting Breast Cancer awareness. Chocolate cookies with pink M&Ms and pink paper ribbons were sold during each lunch and a portion of the proceeds was donated to the Susan G. Coleman Foundation to help provide funds for breast cancer research, education, and health services. Throughout the district, we were able to raise \$803.50 in donations! We would like to thank everyone for supporting breast cancer awareness; your donations are greatly appreciated.

Tailgating Time!



The Nutrition Group celebrated football season by "tailgating" at all of the schools in the Palmyra Area School District. During the day we featured walking tacos, fresh fruits and fresh vegetables, and a surprise tailgating treat (a slushy). Tailgater Day was enjoyed by everyone. It was a fun day to show your football spirit! Go Cougars!!!!

Happy Halloween



Trick-or-Treat! Our cafeterias are always full of various nutritious and delicious treats to offer our students. However, on October 29th the students received a special treat... They received the opportunity to see our staff dressed in costume! Some dressed silly and others spooky; and some just enjoyed watching a parade of seniors dressed in costume at the high school. It was a fun day for everyone.



Team Training



Food Service Directors and Kitchen Managers from several surrounding school districts came to Palmyra High School for a training day and to taste and observe our new catering menu. Our staff had team training to expand their knowledge on portion control, Hazard Analysis Critical Control Points (HACCP), special events, and much more. The training proved to be a success. We can all learn from each other and expand our food service knowledge.



Participation Fall 2010

	Budgeted Month	Actual Month	Budgeted YTD	Actual YTD
Breakfast Participation				
Paid	84	92	3444	3780
Reduced	14	9	574	386
Free	42	71	1722	2913
Total Breakfasts	140	172	5740	7079
Lunch Participation				
Paid	1334	1329	54694	54484
Reduced	96	80	3936	3285
Free	206	272	8446	11172
Total Lunches	1636	1681	67076	68941
Ala Carte Sales				
Student Ala Carte Sales	2138	2290	87658	93882
Adult Ala Carte Sales	185	169	7585	6945
Total Ala Carte Sales	2323	2459	95243	100826

Breakfast and Lunch Participation remains strong throughout the District. Ala Carte sales also have exceeded expectations. We are very please with the first quarter and are confident we will meet the District expectations.

LEAVE
BLANK

WE WILL
INSERT
PHOTO
HERE!

***Chef's Corner* by Kevin Rindock, Regional Chef**

RESERVE THIS SPACE FOR CHEFS CORNER WHICH SUE WILL
INSERT EVERY MONTH

LEAVE
BLANK
WE WILL
INSERT
PHOTO
HERE!

The Nutrition Group's
Regional Chef, Kevin
Rindock.

Caption identifying/
describing the dish of the