



PALMYRA AREA SCHOOL DISTRICT SECONDARY MENU

January 2012



Pizza

Cheese, Pepperoni, and Specialty Pizzas Offered Daily!

Sandwiches

- Chicken Patties
- Meatball Hoagies
- Cheeseburgers
-and many more!!

All are served with a choice of vegetable, fruit and milk.



1/2- **No School New Year's Day Celebration**

1/3- **Manager's Choice**- Oven Baked Potato Wedges, Chilled Peaches

1/4- **Traditional Meat Lasagna**- Side Salad, Garlic Toast, Mixed Fruit Gelatin

1/5- **Cheesesteak on Hoagie Roll**- Green Beans, Petit Banana

1/6- **Beef Burrito w/ Salsa**- Hispanic Rice, Side Salad, Orange Smiles

1/9- **Corndog Nuggets**- Carrot Coins, Apple

1/10- **Beef Chili**- Mixed Vegetables, Honey Corn Bread, Sliced Pears

1/11- **Hot Pork Sandwich**- Mashed Potatoes w/ Gravy, Apple Cobbler

1/12- **Mac & Cheese**- Green Beans, Bread Stick, Pineapple Tidbits

1/13- **Meatball Hoagie**- Steamed Broccoli & Cheese, Petit Banana

1/16- **No School M. L. King Holiday**

1/17- **Chicken Enchiladas**- Side Salad, Fruit Cocktail

1/18- **Breakfast For Lunch- French Toast Sticks**- Ham Slice, Potato Rounds, Orange Wedges

1/19- **Sloppy Joes on Bun**- Green Beans, Apple

1/20- **Cougar Bowl** (popcorn chicken, mashed potatoes, corn, & gravy)- Dinner Roll, Chilled Peaches

1/23- **No School**

1/24- **Chinese New Year's Celebration- Pork Fry Rice**- Oriental Vegetables, Orange Wedges

1/25- **Italian Dunkers w/ Marinara Sauce**- Green Beans, Cinnamon Applesauce

1/26- **Hard Shell Beef Tacos**- Steamed Corn, Pineapple Tidbits

1/27- **Turkey Club Sandwich**- Soup Du Jour, Steamed Broccoli, Apple

1/30- **Pierogie Casserole**- Side Salad, Peach Cobbler

1/31- **Jamaican Pork**- White Rice, Steamed Broccoli, Apple



Hoagies & Wraps

Italian, Ham, Tuna Salad, Cheese, Turkey

Each Deli Entrée is served with choice of vegetable, fruit and milk.

SALADS

Tuna, Grilled Chicken, Turkey, Ham & Cheese, Vegetarian, served with Reduced/ Low Fat Dressings

All Salads offered daily with a choice of bread, fruit, and low fat milk.

The Palmyra School District is currently accepting applications for the food service department.

Interested Applicants contact Alaina Avery 838-1331 x2630 or Alaina_avery@pasd.us

Food Service Director
Alaina Avery
717-838-1331
Email: alaina_avery@pasd.us



Available daily:
Assorted Whole Grain Cereal w/ Toast
Or
Healthier Breakfast Pastry Choices

Daily Specialties:

Monday: Cinnamon Bun

Tuesday: Pancake Wrap

Wednesday: Waffles

Thursday: Breakfast Chicken on Biscuit

Friday: Funnel Cake

Breakfast is served with choice of Fruit, 100% Fruit Juice and Low Fat Milk

Breakfast Price
Paid \$1.10 Reduced \$0.30
Adult \$1.75

MENU SUBJECT TO CHANGE



We offer 2% White, Skim, and Low Fat flavored milk daily.

Additional nutritious beverages are available ala carte.

Each entrée served with choice of bread, vegetable, fruit and low fat milk.

Fresh fruit & fresh vegetable varieties available daily.

Lunch Prices-

Paid: \$2.00

Reduced \$0.40

Adult \$3.00

