



PALMYRA AREA SCHOOL DISTRICT SECONDARY MENU

February 2012



**Pizza**

Cheese, Pepperoni, and Specialty Pizzas Offered Daily!

**Sandwiches**

**Chicken Patties**  
**Meatball Hoagies**  
**Cheeseburgers**  
.....and many more!!

All are served with a choice of vegetable, fruit and milk.



- 2/1- **Toasted Cheese**— Tomato Soup, Green Beans & Diced Pears
- 2/2- **Hot Sicilian Sandwich w/ Marinara Sauce**— French Fries & Petit Banana
- 2/3- **Swedish Meatballs**— Buttered Noodles, Steamed Corn, Garlic Toast & Mixed Fruit

- 2/6- **Cheeseburger on Bun**— French Fries & Apple
- 2/7- **Grilled Chicken Club on Bun**— Steamed Corn & Cinnamon Applesauce
- 2/8- **Hot Ham & Cheese**— Chicken Noodle Soup, Green Beans & Pineapple Tidbits
- 2/9- **Cheesy Beefy Nachos**- Hispanic Rice, Lettuce & Tomato Cup & Fruit Cocktail
- 2/10- **Breaded Pork Patty**— Scallop Potatoes, Dinner Roll & Sliced Peaches



**Hoagies & Wraps**

Italian, Ham, Tuna Salad, Cheese, Turkey  
Each Deli Entrée is served with choice of vegetable, fruit and milk.

**SALADS**

Tuna, Grilled Chicken, Turkey, Ham & Cheese, Vegetarian, served with Reduced/ Low Fat Dressings

All Salads offered daily with a choice of bread, fruit, and low fat milk.

The Palmyra School District is currently accepting applications for the food service department.  
Interested Applicants contact Alaina Avery  
838-1331 x2630 or [Alaina\\_avery@pasd.us](mailto:Alaina_avery@pasd.us)

- 2/13- **Italian Dunkers w/ Marinara Sauce**— Carrot Coins & Cinnamon Applesauce
- 2/14- **Cheesesteak Quesadilla**—Fiesta Corn, Fruit Cocktail, & Valentine's Day Jigglers
- 2/15- **Mac & Cheese**— Green Beans, Bread Sticks & Pineapple Tidbits
- 2/16- **Baked Potato Bar**— 1/2 Baked Potato w/ Choice of Toppings (Cheese, Broccoli, & Bacon) Chili, & Petit Banana
- 2/17- **Ham BBQ**— Tatar Tots & Orange Smiles

- 2/20- **Meatball Hoagie**— Steamed Corn & Mixed Fruit
- 2/21- **Sweet & Sour Popcorn Chicken**- White Rice, Steamed Broccoli & Diced Pears
- 2/22- **Breakfast for Lunch French Toast Sticks**—Sausage Patty, Potatoes Rounds & Orange Smiles
- 2/23- **Sloppy Joes on Bun**— Cheese Fries & Petit Banana
- 2/24- **Baked Rigatoni**— Side Salad, Garlic Toast & Glazed Apple Slices

- 2/27- **Corndog Nuggets**— Broccoli & Cheese & Peach Cobbler
- 2/28- **Hot Turkey Sandwich w/ Gravy**— Mashed Potatoes & Apple
- 2/29- **Chicken Pot Pie**— Mixed Vegetable, Slice Bread & Sliced Peaches

Food Service Director  
**Alaina Avery**  
717-838-1331  
Email: [alaina\\_avery@pasd.us](mailto:alaina_avery@pasd.us)



Available daily:  
Assorted Whole Grain Cereal w/ Toast  
Or  
Healthier Breakfast Pastry Choices

- Daily Specialties:**  
**Monday:** Cinnamon Bun  
**Tuesday:** Sausage & Egg Sandwich  
**Wednesday:** Waffles  
**Thursday:** Breakfast Chicken on Biscuit  
**Friday:** Dutch Cake

Breakfast is served with choice of Fruit, 100% Fruit Juice and Low Fat Milk  
**Breakfast Price**  
**Paid \$1.10 Reduced \$0.30 Adult \$1.75**



We offer 2% White, Skim, and Low Fat flavored milk daily.  
**Additional nutritious beverages are available ala carte.**  
Each entrée served with choice of bread, vegetable, fruit and low fat milk.  
Fresh fruit & fresh vegetable varieties available daily.

**Lunch Prices-**  
Paid: \$2.00  
Reduced \$0.40  
Adult \$3.00

